



St Kevin's Catholic Primary School

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SCHOOL
Newsletter

12/3/2020

Term 1, Week 7 2020

Newsletter No. 7

PRINCIPAL'S MESSAGE

Dear St Kevin's families,

We had a great open morning on Tuesday, with new families welcomed to our school. The Year 6 student leaders were exemplary in their assigned roles as tour leaders.

I am most grateful to our parents, Kate Cashel and Monika Pajestka who were on hand to meet and greet our new parents this morning; their contribution is invaluable and such a great advertisement for our school.

No road is long with good company. ~Turkish Proverb

Enjoy the week ahead,

Lorraine Vincent - Principal

Staff Development Days for 2020

- Monday – 27th April
- Monday – 20th July

Open Classrooms

This is an opportunity to engage with your child's learning - come and visit your child's classroom on **Monday 6 April, from 2pm.**

Soccer Gala Days

All children in Year 3-6 will be participating in Soccer Gala Days next week:

Years 5-6 Tues 17th March

Years 3-4 Thurs 19th March

Children should come to school dressed in their sports uniforms on these days. They **must** have a hat.

Please ensure you have completed your child/ren permission forms via the COMPASS app by tomorrow Friday 13 March.

Sports Uniform ...

All students must also wear their sports uniform on Wednesday 18th March – all classes will be having their sports lesson on this day.

Well Being Week ...

This week as we are celebrating **Wellbeing Week!** The children from Kindergarten to Year 6 have been involved in Peer Support groups where they discussed the importance of "filling someone else's bucket".

Want to find out more?.....ask your child to tell you about it

Cancer Council
Healthy Lunch Box

Nutrition Snippet

The simplest way

... to pack a healthy lunch box .

Does packing lunch boxes feel like a chore? We are here to help you kick start the year easily, packing healthy lunch boxes your kids will enjoy.

Healthy lunch boxes don't have to be boring.

We are very excited to bring you our new look [healthy lunch box website](#) that has been improved with new features and functions based on feedback provided by you! You can now search for gluten free and vegetarian recipes, as well as **easy to freeze** and **quick and easy** recipes because as parents, we know how important it is to pack lunches quickly.

You can sign up to the [Healthy Lunch Box e-newsletter](#) for ideas, updates and recipes delivered to your inbox throughout the year.

[Check out the new website now!](#)

healthylunchbox.com.au

St Kevin's Diary	
17 March	Yr 5 & 6 Soccer Gala Day
19 March	Yr 3 & 4 Soccer Gala Day
21 March	BUSH DANCE
30 March	Reconciliation 5pm (St Kevin's)
2 April	Mission Cupcake Stall
6 April	Open Classrooms

Religious Education

Cupcake Stall

The Mission Leaders, with the support of years 5 & 6 will be holding a Cupcake Stall in Week 10 to raise funds for Project Compassion. The stall will be held on Thursday 2nd April during morning tea. All cakes will be a GOLD coin donation.



Class Mass

Tomorrow Year 5 & 6 along with their Kindergarten buddies will be attending Mass @ 12pm. All parents welcome. Next Friday will be Years 3 & 4.

Lent

There are many ways to contemplate Lent. Prayer, fasting and sharing are three ways. But fasting from WHAT? Pope Francis gives us some suggestions that propose a change in mindset not just for Lent but for a happy life.

Do you want to FAST this Lent? - Pope Francis

Fast from hurting words and say kind words.

Fast from sadness and be filled with gratitude.

Fast from anger and be filled with patience.

Fast from pressures and be playful.

Fast from selfishness and be compassionate to others.

Fast from words and be silent so you can listen.



Sacramental Program

Reconciliation

Just a reminder to parents whose children are continuing their sacramental journey that your child's lessons continue this weekend. If you miss a lesson, please ensure that you contact the Sacramental Coordinator - Mary Baldwin

Confirmation

A letter was sent out during the week to all Year 2 families and others with information regarding the commencement of the Sacrament of Confirmation. If you require this information, please do not hesitate to contact [Mrs de St Germain](#).

Library News

Scholastic Book Fair

A huge thank you to all of the parents and children who came along to our book fair during this last week. The library was buzzing!

A special thank you to the families who donated a book to our library. These will be accessioned and ready for borrowing soon.

A big thank you also to our parent volunteer, Louise Mudge for assisting with the book fair. We could not have done it without you!

Angie Debien – Teacher Librarian

Parents & Friends Bush Dance

**** SAVE THE DATE **SAVE THE DATE ****

Saturday 21st March 2020

Dancing boots polished ✓

Costumes ready ✓

Raffle tickets purchased ✓

You're ready to go!!

To make things a little easier the sausage sizzle and raffle tickets are available for pre-purchase via Qkr!

Drinks and Ice-creams will be available (over the counter) on the night so remember to bring some \$\$... smaller denominations would be greatly appreciated!

Many hands make light work and we need "all hands on deck" to make our event run, so if you haven't signed up for your "Just One Thing" please [click here](#)

Thanks to the awesome support of our local community the raffle is back ... bigger and better than before and doubled in size!! Details below ...

ST KEVIN'S BUSH DANCE - SATURDAY 21ST MARCH 2020

MAJOR PRIZE RAFFLE

Overnight accommodation at the Langham Hotel, Sydney in a deluxe City King Room including buffet breakfast for two, along with a beautiful overnight bag from Collette by Collette Hayman. Total prize valued at \$1,000.

A **HUGE** thank you to the Lachlan Harris (Indi Year 4) and the Langham Hotel and for their generous support of our school community.

Tickets are \$10 each or 6 for \$50



PRIZE POOL RAFFLE

We have 15 prizes on offer including:

- ❖ Dinner for 4 in the new Kitchens on Kent Restaurant (food only) donated by the Langham Sydney
- ❖ 2 x \$150 Evolve Tennis Academy vouchers
- ❖ \$50 Secret Closet, Narraweena
- ❖ Salty Crush voucher
- ❖ A celebration cake donated by Cakes by Monika
- ❖ Double boxed organic wines from Tamburlaine donated by by Matt Nicastrri & Liliana O'Toole, Cunninghams
- ❖ 2 x handbags from Collette Hayman
- ❖ Sony Headphones donated by The Copywrite Queens Co.
- ❖ Gorgeous hampers donated by Dee Why Kingsway Pharmacy and Invaro Pharmacy, Mona Vale
- ❖ 2 x Skateboard lessons by Freedom Skate School
- ❖ \$50 Euro mat voucher
- ❖ Duke and Hussell voucher
- ❖ Qi Wireless Charging Stand, Apple active watch band & 2 pairs of BT Studio Bud wireless earphones donated by JBHIFI

Tickets are \$5 each or 5 for \$20

Thanks to our community partners, Pat Taylor Swim School, Woolworths and Coles for their generous donations!

TATTOO & COLOURED HAIRSPRAY STALL

To add a bit of fun and colour to our Bush Dance, we will also have a stall selling temporary tattoos and coloured hairspray – each item is only \$1! We have Harry Potter, Paw Patrol, My Little Pony you name it, we have it! Bring your gold coins on the night or pre-book on the QKR app now.

ST KEVIN'S ANNUAL

BUSH DANCE



SATURDAY 21ST MARCH 2020

A fun-filled family night of boot
scootin around the dance floor.

*Be ready and wear your best bush dance outfit to kick up your heels, swing
your partner or do-si-do with our favourite bush dance band "The Ducks"*

Gates open: 6.45pm
Band & Dancing starts: 7.00pm

Hot food stalls open from 6.45 - 7.45pm

Sausage sizzle and corn cobs

Drinks & Ice creams available until 8.30pm

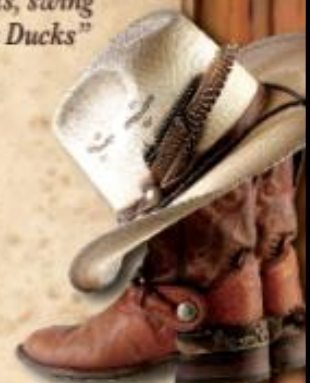
Coloured hairspray and tattoo stall

All children must be accompanied by an adult. No Drop Offs.

Buy raffle tickets to
win amazing prizes

TICKET
\$5.00

TICKET
\$10.00





OOSH Northern Beaches

Website: www.ooshnb.com.au Centre No: 0425219953 or Office: 9984 8089
Email: deewhy@ooshnb.com.au

Kids Club News

PLEASE NOTE, IF YOU REQUIRE A CASUAL BOOKING, YOU MUST BOOK THROUGH YOUR MY FAMILY LOUNGE ACCOUNT EITHER ONLINE OR THROUGH THE MFL PHONE APP. IF YOU HAVE ANY PROBLEMS WITH MAKING A BOOKING PLEASE RING US ON 0425219953, EMAIL US AT deewhy@ooshnb.com.au or RING HEAD OFFICE ON 9981 8089 AS WE MAY NOT BE ABLE TO ACCEPT CHILDREN WHO ARE NOT BOOKED IN, DUE TO NUMBERS AND STAFFING RATIOS. PLEASE SEE LACHLAN IF YOU HAVE ANY QUESTIONS.

Just a friendly reminder that we are **full on both Tuesday and Wednesday afternoons and cannot accept casual bookings for these days**. Thursday afternoons are also filling up fast! You can add your child/ren to our waitlist, in the event of a cancellation, but unfortunately, we cannot accept walk-ins. If you know you are going to be absent for a session, please mark it on the My Family Lounge app so we can offer up your spot for the afternoon.

We wish to remind parents that our Centre **closes promptly at 6:00pm**. There are late fees that apply after this time so please arrive beforehand to avoid paying these additional fees.

Our vacation care program for the upcoming Easter holidays is out! The bookings are done through your My Family Lounge account. Spaces do fill up quickly, so we recommend booking in as early as possible to avoid disappointment. Please note that this vacation care will be held at St John's Catholic School in Narraweena.

Weeks 6 and 7 News

Our focus last week was on our Wildlife! It was 'World Wildlife Day' on Tuesday, so we made our favourite animals using paper plates. As we made them, we talked about the importance of the day and why we need to do our part to help our endangered animals. On Friday afternoon, the kids in the younger year groups painted a poster of their pets. Made as a group, it was a collaborative effort that produced great results!

For a fun science activity, we tried out a fun and 'magical' trick, where we used a balloon, a skewer and some dishwashing soap. Following the steps given, the kids all pushed their skewers through the balloon and out the other side! In the kitchen, we took inspiration from South-East Asian cooking, where fresh ingredients and vegetables are used to make delicious meals, we made rice paper rolls! For a few of the children, it was their first time making them, but for others, they'd made them at home before. We rounded out our week with lots of sport, with favourites such as tennis, cricket, basketball and soccer!

We kept the ball rolling this week, with a jam-packed program that featured a wide range of fun experiences for all of the kids! Highlights included slime-making, landscape sketching, a requested OOSH fitness bootcamp and cooking, where we made lamingtons. Red rover, ship, shark, shore, survival tag and 44 homes were just a few of our group games to keep us active and moving each afternoon!

If you have any suggestions or feedback for the rest of this term, please let us know – we are always happy to hear the voices of the school and community!

The team at St Kevin's Kids Club!



ST. JOHN THE APOSTLE

Catholic Primary School Presents

Course for Parents

1-2-3 Magic and Emotion Coaching

This course encourages a calm approach to parenting, even in those tough moments, and shows parents how to improve their relationship with their children. Recent brain research is showing the importance of giving children practice at managing their emotions, and therefore, their behaviour. We now know that children can learn about their feelings and be taught how to manage their emotional selves to be more resilient and make better choices.

1-2-3 Magic is easy to learn and it works!

The logical and practical 1-2-3 Magic method can be learnt in **3 sessions**. It is easy to remember and implement especially when parents are tired or stressed.

Where: St. John the Apostle Catholic Primary School
166 Alfred Street, Narraweena. School library.

When: Mondays: 4, 11, 18 May **Time:** 6:30-8:30pm.

Cost: \$12 for a workbook covering the 3 sessions.

Presenter: Jeanie Mc Donnell: Jeanie.mcdonnell@dbb.catholic.edu.au

RSVP: Bookings are essential: <http://www.schoolinterviews.com.au>

Booking Code: 7UWJV

Queries: School office 9971 9297 or
Email: sjan@dbb.catholic.edu.au



FUN MADE2MOVE RUN

22 MARCH 2020

GRIFFITH PARK
LONG REEF HEADLAND
COLLAROY

FUN &
ACTIVITIES



FOOD TRUCKS



ENTERTAINMENT



GAMES AND
COMPETITIONS



SPONSOR
ACTIVATIONS

Help us reach our goal of \$100,000 to fund mental fitness workshops and training programs

GOTCHA4LIFEFUNRUN.ORG



Stella Maris
COLLEGE MANLY

Start your Stella story...

OPEN EVENING

Wednesday 18 March 4.00pm - 7.30pm

see website for details

www.stellamaris.nsw.edu.au

smcmanly, 52 Eurobin Avenue Manly