



St Kevin's Catholic Primary School

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SCHOOL
Newsletter

21/2/2019

Term 1, Week 4 2019

Newsletter No. 4

PRINCIPAL'S MESSAGE

Dear St Kevin's families,

My thanks to all those parents who were able to attend the Parent Welcome night last Friday night. It was a very successful evening, where parents and staff could easily meet and mingle with each other. My thanks to our P & F committee who worked hard to manage and coordinate the event, ensuring that everyone received a warm welcome.

Always laugh when you can. It is cheap medicine –
Lord Byron

Enjoy the week ahead,

Lorraine Vincent – Principal

Open Day

St Kevin's Open Day will be held on **Tuesday 5 March from 9.30 - 11.30am**. There will also be an **Information Evening from 7pm – 8pm**. This is an opportunity for parents with children starting school in 2020 to see our school community in action.



ASSEMBLY

Year 5 and 6 will lead our assembly on Friday at 2.30pm in the school hall. All are very welcome to join us.

PRINCIPAL'S AWARD

Congratulations to the following children who will receive this award at tomorrow's Assembly.

Yarraman (Kindergarten)

Sridip for his focused learning both independently and in groups.

Zac for being a respectful and responsible member of Kindergarten.

Nginyang Nyanga (Year 1)

Skye for her thoughtful responses when participating in class discussions. Well done!

Michael for being responsible for his learning by staying on task and working well on Maths activities.

Ngaliya (Year 2)

Lysander for being ready to learn at all times.

Harriet for participating enthusiastically in science lessons.

Ngubaty (Year 3)

Amol for completing work of an outstanding standard in reading!

Wana Gulang (Year 4)

Stephanie for taking great care when proof reading and recrafting when writing.

Tyler for his well-researched and presented indigenous study of fishing.

Yudi (Year 5)

Gian for persisting with challenging maths tasks.

Yudi (Year 6)

Cameron for his enthusiasm and team motivation skills during our leadership camp.

Staff Development Days for 2019

Please note the following Pupil Free / Staff Development Days in your diary

- **Monday – 29 April**
- **Monday – 22 July**

Religious Education

Sacramental Dates for 2019

If you are planning on your child/ren completing the sacrament of Reconciliation, please make a note of the following dates.

Reconciliation Parent Information Evening: Thursday 28th February @ 7pm (St John's Narrabeena)

Lessons: Commence weekend 9-10th March to 30-31st March (4 sessions)

Sacrament: Week of April 1st -4th 5pm (April 1st @ St Kevin's)

Please ensure that you are in attendance with your child/ren on this evening to receive all required paperwork.

Family Mass

Our Family Mass is fast approaching. Can you believe it will be Week 5 next week? Our first Mass will be held next **Saturday 2nd March at 6pm.**

All students in years 5 & 6 need to fill out the google form <https://goo.gl/forms/iA7O9VA07VeafQO2>.

All other families have received a personal invitation which your child has brought home with them today. Please fill out and return to your child's classroom teacher **ASAP**.

Thank you for your support.

Project Compassion

This year's Project Compassion showcases the many ways we work around the world with our local partners to offer hope to people most vulnerable to extreme poverty and injustice.

This year's theme is 'Lives change when we all give 100%'

Your children will come home next week with their own 'project compassion box'. Please take the time to talk with your children about the importance of giving to others.

Family Liaison Officer News

Term 1 Parent Course – 1-2-3 Magic and Emotion Coaching

St. Kevin's parents and carers are warmly invited to join the very popular 1-2-3 Magic and Emotion Coaching course, which will be hosted by St. John the Apostle, Narrabeena. I strongly recommend this course to all parents of children ages 2-12. The course material covers managing difficult behaviours as well as learning how to tune into your child and help them understand their emotions and behaviours. Please see all the details included in the flyer attached. *Jeanie Mc Donnell - Family Liaison / Parent Education*

Parents & Friends

Just One Thing – Term 1 2019

Please see the attached flyer for "**Just One Thing**". Several events are planned this term and we would love your support!

Canteen

The canteen is open for lunch every
Monday / Thursday / Friday

Note: The canteen is not open at recess

Thank you to our wonderful parents Zydrune (Skye), Daniela, Coleen, Cecil, Hannah, Tessa, Barbara, Melanie and Iveta who have volunteered to help out in our Canteen.

New volunteers for the canteen are always welcome. Training will be provided, please contact Phayla on 0404 028 927 or pdittavong@hotmail.com

Click here to Sign-Up <http://signup.com/go/OKMNifb>

Uniform Shop

The uniform shop is open every week:
Tuesday: 8.45am to 9.00am
Thursday: 3.00pm to 3.30pm

Broken Bay Winter Team Sport Selection Trials 2019

Selection trials for children wishing to be considered to participate at the NSWCPSS Polding Area Winter Team Sport Trials will be held in term 1. The purpose of the Polding trials is to select representative teams to compete in the NSWPSA State Championships.

For further information relating to the Polding Trials please go to: www.csss.nsw.edu.au and for PSSA State Carnivals:

<https://app.education.nsw.gov.au/sport/NSWPSSA>

Please see Mrs de St Germain for any further information.

Library News

SCHOLASTIC BOOK FAIR

Our annual Scholastic Book Fair will be held on Thursday 7th March from 3.15pm in our school library.

We are very excited, as this event is only two weeks away! Families will be given the opportunity to browse through some of the latest titles, posters, book packs and a variety of stationery items in our MINI BOOK SHOP, set up in the Library. These fabulous Scholastic items can be purchased and taken home. A percentage of the Book Fair proceeds goes right back to our school in the form of book commission.

Students will be given the opportunity to browse through the books on offer during their library time on the Thursday. Students in Kindergarten, Year 1 and Year 2 are encouraged to bring along their mums or dads to help them choose appropriate books/ items and assist with their purchases. There will be more than one of each book available, however, if your child wishes to purchase a book which sells out, I can order more.

This week I will send out a book fair flyer showing some of the books on sale which has a credit card payment option on the reverse. The payment options available on the day are cash and credit card. If you are sending cash in with your child, please ensure it is sealed in a clearly marked envelope.

Book Fair Helpers

I am looking for a couple of parent volunteers to help with the book fair. **Please let me know if you can on Thursday 7th March, between 3.15 - 4pm.** Your time and help would be greatly appreciated. I will organise a short training session for helpers prior to the book fair (time to be arranged). Please contact the school office if you are available. Thank you. We hope you can join us in making our Book Fair a big success for our school.

Book Club Orders

Book Club Orders (#1) have now been processed. Orders will be arriving shortly. Thank you for your purchases.

Catholic High Schools – Open Days

Marist College North Shore

270 Miller Street, North Sydney
Wednesday 27th February 4pm – 5:30pm
Now enrolling girls & boys for Year 7, 2021

Mercy Catholic College, Chatswood

101 Archer Street, Chatswood
Sunday 3rd March 2019 11am – 2pm

St Paul's Catholic College - Manly

Darley Road, Manly
Thursday 7th March 2019 4pm – 7pm

Stella Maris College - Manly

52 Eurobin Avenue, Manly
Wednesday 13th March 4pm – 7pm

St Augustine's College, Brookvale

Federal Parade, Brookvale
Friday 1st March 3:45 – 7pm

ST. JOHN THE APOSTLE

Catholic Primary School Presents



Course for Parents

1-2-3 Magic and Emotion Coaching

This course encourages a calm approach to parenting, even in those tough moments, and shows parents how to improve their relationship with their children. Recent brain research is showing the importance of giving children practice at managing their emotions, and therefore, their behaviour. We now know that children can learn about their feelings and be taught how to manage their emotional selves to be more resilient and make better choices.

1-2-3 Magic is easy to learn and it works!

The logical and practical 1-2-3 Magic method can be learnt in **3 sessions**. It is easy to remember and implement especially when parents are tired or stressed.

Where: St. John the Apostle Catholic Primary School
166 Alfred Street, Narrabeena. School library.

When: Mondays: 25th March, 1st & 8th April.

Time: 9-11:15am OR 6:30-8:30pm.

Cost: \$10 for a workbook covering the 3 sessions.

Presenter: Jeanie Mc Donnell: Jeanie.mcdonnell@dbb.catholic.edu.au

RSVP: Bookings are essential: <http://www.schoolinterviews.com.au>

Booking Code: **ducrg**

Queries: School office 9971 9297 or
Email: sjan@dbb.catholic.edu.au



Website: www.ooshnb.com.au Centre No: 0425219953 or Office: 9984 8089
Email: deewhy@ooshnb.com.au

Kids Club News

PLEASE NOTE, IF YOU REQUIRE A CASUAL BOOKING, YOU MUST BOOK THROUGH YOUR MY FAMILY LOUNGE ACCOUNT EITHER ONLINE OR THROUGH THE MFL PHONE APP. IF YOU HAVE ANY PROBLEMS WITH MAKING A BOOKING PLEASE RING US ON 0425219953, EMAIL US AT deewhy@ooshnb.com.au or RING HEAD OFFICE ON 9981 8089 AS WE MAY NOT BE ABLE TO ACCEPT CHILDREN WHO ARE NOT BOOKED IN, DUE TO NUMBERS AND STAFFING RATIOS. PLEASE SEE LACHLAN IF YOU HAVE ANY QUESTIONS.

If you are interested in starting, or you have any questions about before or after school care, please give us a ring or come down to the centre and we will be happy to help you out.

Have you joined our Facebook group? We post daily about all of our fun and adventures at OOSH. Search for St Kevin's Kids Club on Facebook!

We wish to remind parents that our centre closes promptly at 6:00pm. There are late fees that apply after this time so please arrive beforehand to avoid paying these additional fees.

Weeks 3 and 4 News

We have been making the most of the sunshine lately, with plenty of water-based activities to keep us cool, we've enjoyed the warm weather over the past few weeks. Our craft for week 3 was mostly centered around our theme of Valentine's Day. Making cards, beaded jewelry and loom bands, the kids came up with some wonderful creations. We also made an aboriginal flag mural with scratch art Australian animals and decorated wooden boomerangs, for national sorry day.

For sport and games throughout the week, we further developed the children's interests in tennis and basketball. With tennis proving extremely popular with kids of all ages, we have set up some drills and competitions to explore these interests at both before and after school care. Cooking was all about teaching the children about healthy eating, so we made fresh- fruit ice blocks with watermelon, mango, passionfruit and other Summer fruits.



Our theme for week 4 is International Mother Language week, to promote awareness of linguistic and cultural diversity and promote multilingualism. As a group, we went through some words and phrases for different languages and asked the children if they, or their parents, spoke another language at home.

Other set activities on our program include writing short stories, origami, Rubik's cube challenges, touch football, baking cupcake, ping pong and gardening.

Week 5 News

For week 5 we will continue to explore and develop our growing interests here at OOSH, with a wide range of activities to keep them busy and entertained before and after school. We'll be

including lots from our cultural calendar and saying goodbye to Summer on Thursday and welcoming Autumn on Friday with some themed arts and crafts.

Our homework club at OOSH will continue this year and we provide materials the kids will need to get a head start on their homework before heading home! If you would like your children to do their homework, please encourage them to bring it down for homework club, or, any day that they are here.

If you have any suggestions or feedback for our new school year, please let us know - we are always happy to hear the voices of the school and community!

The team at St Kevin's Kids Club!



Live Life Well @ School

IMPORTANCE OF BREAKFAST



It's the most important meal of the day, but 1 in 4 children in Australia skips breakfast.

At school, a hungry child can lose concentration in class and have no energy for playtime.

Quick and easy breakfast ideas:

- Cereal with milk, yoghurt and/or fruit
- Wholegrain toast or raisin bread
- Smoothies made with fresh, frozen or canned fruit

Handy tip:
Discourage children from eating breakfast in front of the TV.

This can also help speed up your morning routines!

For more ideas, search 'breakfast' at healthykids.nsw.gov.au



Health
Northern Sydney
Local Health District