

# St Kevin's Catholic Primary School

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Term 1, Week 4 2018 Newsletter No. 4

# PRINCIPAL'S MESSAGE

#### Dear St Kevin's families,

My thanks to all those parents who were able to attend the Parent Welcome night last Friday night. It was a very successful evening, where parents and staff could easily meet and mingle with each other. My thanks to our P & F committee who worked hard to manage and coordinate the event ensuring that everyone was warmly welcomed.

I truly value the support of the P & F and I really encourage all families to respond to this school initiative and do "Just One Thing" this year. It's never too late! Your children will be happy and proud that you are helping at school and you will immediately feel a real connection to the school community, a connection that is only experienced when working with others.

Always laugh when you can. It is cheap medicine -

Enjoy the week ahead, Lorraine Vincent Principal

# Open Day

<u>St Kevin's Open Day</u> will be held on Tuesday 6 March from 9.30 - 11.30am. There will also be an Information Evening from 7pm. This is an opportunity for parents with children starting school in 2019 to see our school community in action.

# KidsMatter Surveys

St Kevin's is a KidsMatter school where we take serious thought and consideration in promoting students' mental health and wellbeing. An important aspect of implementing KidsMatter Primary is the consultation process with the school's parent community. The survey takes about five minutes to complete and your attention to this task is very much appreciated. Please follow the link below.

https://www.kidsmatter.edu.au/primary/otherresources/school-surveys/parent-survey

# ASSEMBLY

Year 5 will share their learning on Friday @2.30pm. Please join us!

# PRINCIPAL'S AWARD

Congratulations to the following children who will receive this award at tomorrow's Assembly.

### Yarraman (Kindergarten)

Eduarda for approaching all learning tasks with incredible focus and determination. Well done!

### Ngiyang Nyanga (Year 1)

Siu for being a responsible learner by having a positive attitude towards all her work.

### Ngaliya (Year 2)

Mia for excellent effort in writing and being a proud learner.

### Ngubaty (Year 3)

Kate for her insightful contribution to class discussions.

### Wana Gulang (Year 4)

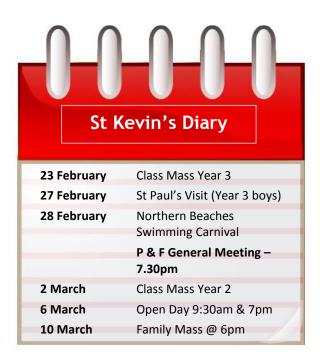
James for working independently and consistently on learning tasks.

#### Yudi (Year 5)

Georgina for her excellent use of sensory description for her narrative writing.

### Yudi (Year 6)

Tyson for his amazing word selection in his writing pieces. Thinking like a writer!



# Religious Education

# Warringah Parish Sacramental Program 2018 Reconciliation

Just a reminder to parents whose children are continuing their sacramental journey that your child's lessons commence this weekend.

Please ensure that you have booked your child's session through 'trybookings.com/346329'.

### Family Mass

We look forward to seeing many families at our first Family Mass which will be held on **Saturday 10<sup>th</sup> March at 6pm.** A light supper will be provided afterwards.

### Class Mass

This week on Friday 23rd February at 12pm, Year three will be attending Mass. All parents welcome.

### Waste Free Days

Thank you St Kevin's for your efforts this week. Keep up the good work! We will continue our endeavor to make a difference on Ecology to care for our common home.

### Project Compassion

Our Project Compassion story this week tells us of Janaki. Her story suggests that she too has experienced a time of wilderness in her life. She grew up in a world of poverty and disadvantage in Nepal and was forced to marry at an early age.

The project Compassion theme for 2018 is "A Just Future'. For Janika and others in her community, a just future has started with empowerment. Her story reminds us of the words of Pope Francis who said, 'let us not be satisfied with a mediocre life. Be amazed by what is true and beautiful, what is God'.

Project Compassion enables you to make a difference to young people around the world.

# Family Liaison Officer

#### Seasons For Growth 2018

Please read the attached invitation to Seasons For Growth 2018.

For planning purposes, it is important to have registrations complete by <u>Wednesday 7<sup>th</sup> March</u> as this course will commence in week 8 of TERM 1 this year. For queries or questions:

#### Jeanie.mcdonnell@dbb.catholic.edu.au

# 123 Magic and Emotion Coaching – our most popular parenting course available now in Term 1

All parents of children from ages 2-12 can benefit from visiting the 123 Magic and Emotion coaching course. In particular it can help you if you struggle to:

- Remain calm with your children
- Help children to develop their social and emotional skills
- Develop skills for building routine (e.g. getting ready for school in the morning)

Registration required. Please see the attached flyer for all details.

# Parents & Friends News Uniform Shop

The Uniform Shop is open: Tuesday: 8.45am to 9.00am & Thursday: 3.00pm to 3.30pm

#### Canteen

Canteen is open for lunch & recess every **FRIDAY**, and Sushi is available (for lunch) every **MONDAY**.

Click here for the latest Menu.

Thank you to Fiona, Phayla & Kristy who are rostered on this week. Also a big thank you to Skye for looking after the sushi orders every Monday.

We are always on the look-out for volunteers for the canteen. Please contact Melissa on 0414 886 247 if you are able to help.

# P&F General Meeting

#### Wednesday 28th February, 7.30pm - 8.30pm

Please join us in the school library as we continue to plan and execute events and services for our St Kevin's school community. If you would like to raise an idea or give some feedback this is a great place to come along and share your thoughts. All parents and friends are welcome! If you would like a copy of the agenda prior to the meeting please let us know.

Save the Date: St Kevin's Bush Dance - Saturday 24th March 2018 - 7pm start

We still need volunteers for all aspects of the Bush Dance so please use the online signup sheet to help us make this a great St Kevin's

night <u>http://signup.com/go/vQEEvxj</u>. Also we are starting the process of gathering prizes for the raffle so if you would like to donate a prize maybe from your workplace or have any ideas or contacts for raffle prizes - please let the P&F Team know.

# Parents & Friends News

#### Have you signed up to 'Just One Thing' for this first semester?

There are 130 families and we are only asking for one thing from one parent just once this semester (That is Term 1 and Term 2)!

We need help in the following areas so click the link to sign up today:

#### St Kevin's Bush

Dance: http://signup.com/go/vQEEvxj Canteen Helpers: http://signup.com/go/bWbBRQk Library Helpers: http://signup.com/go/dciLPam Sushi Helpers: http://signup.com/go/heKaScY Mother's Day **Dinner**: http://signup.com/go/ROdOqzo

#### **Parents Welcome Night**

Thanks to all who joined us at the Parent Welcome Night last Friday night. A really big thank you to those parents who helped out on the evening to make sure it was such a success. This is a great event for all parents whether you are new to St Kevin's or have been a part of the family for a while - so we hope to see you all at the next one in February 2019!

#### How do I contact the P&F Team?

Please send us an email or find us in the playground at pick up or drop off:

Heidi Tobin - heidiandscotttobin@icloud.com Adam Page - adam page@yahoo.co.uk

# Catholic High Schools

2018 Open Days for Catholic High Schools below:

#### **Mercy Catholic College**

101 Archer St, Chatswood

Sunday 4<sup>th</sup> March from 11am - 2pm

#### Mater Maria Catholic College

5 Forest Road, Warriewood

Thursday 8<sup>th</sup> March 2018 - 4pm to 7pm

#### **Stella Maris College Manly**

52 Eurobin Ave, Manly

Wednesday 14<sup>th</sup> March 4pm – 7:30pm

#### **Marist College North Shore**

270 Miller St, North Sydney Saturday 3<sup>rd</sup> March from 10am – 1:30pm

#### St Paul's Catholic College Manly

Darley Road, Manly Wednesday 28<sup>th</sup> February 2018 4pm – 7pm

# Library News

# SAVE THE DATE!! SAVE THE DATE!!

Book fair – Week 6 ... further details next week!

# Community News



### MONDAYS 6PM | SCHOOL PLAYGROUND

STARTS MONDAY FEBRUARY 12TH BRING A WATER BOTTLE + TOWEL + EXERCISE MAT (Optional) All participants must sign a non-liability waiver agreement form ADULTS ONLY - A great way to meet other parents, have fun and a bit of exercise!

ABOUT MATT WELLINGTON Matt is a parent at St Kevins with a long history of serving in the Australian Defence Forces as well as professionally playing and coaching Rugby League. He is currently completing his re-skilling to become a personal trainer. Matt can also help you with Nutrition and other Fitness Goals - so feel free to ask for any advice!

#### ANY QUESTIONS?

please feel free to contact Matt about the litness training Matt Wellington Email, Math1983@live.co.uk Phone: 0424 215 350

### **DEE WHY LIONS RUGBY**



# DEE WHY LIONESSES

The Dee Why Lionesses are holding an open training session at Dee Why Beach for all girls aged 8-12 years old to prepare for the upcoming all-girl's 7's rugby season.

These sessions are open to all past, current and new players. No previous rugby experience required.

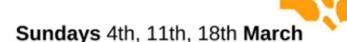
We will be holding a number of these sessions to give the girls more confidence moving towards the start of the second year of our all-girls rugby program.

So come along to Dee Why Beach this Friday (23/02/18) and don't forget to bring a friend with you.

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Free

taster yoga classes



Leaves of change

Children's yoga

Children aged 5 - 8 years 3:00 - 3:50 pm Children aged 9 - 12 years 4:00 - 4:50 pm

# Why kids' yoga?

Kids' Yoga

- Kids' yoga is fun
- improves concentration
- promotes emotional wellbeing
- enhances physical health (balance, strength & flexibility)

# . . .

Movement

Meditation

15 Elizabeth St, Artarmon

Mindfulness

# Jessica Brown

BEd (ECE) - MINED

Jessica is a Primary School Teacher & hopes to foster a calmer and more mindful generation of children.

To register please contact jessica.brown16@live.com.au

facebook.com/leavesofchangechildrensyoga